



*M. Girardelli*

## MARC GIRARDELLI BEMER SPORTS AMBASSADOR

Five time World Cup Ski Champion // Alpine Skiing

>> BEMER had me convinced from the very first moment. Better endurance and maximizing your competitive edge are deciding factors in professional sports. Victory, or forgettable runner-up status; these decide who writes history and who has to take their place among the masses.

## EASY TO OPERATE AND EFFICIENT 16 MINUTES FOR YOUR WELL-BEING

BEMER technology is easy to apply and anyone can use it. Many medical practices and clinics are implementing BEMER for preventative purposes and as a supplement to other treatments. In sports, it is used to enhance athletic training and to accelerate the recovery process. The greatest benefits can be achieved with daily use at home.

Using BEMER every day in combination with the sleep program is the formula for the best results. Just two 8-minute sessions per day are needed to improve your circulation. It is that easy to enhance your physical well-being. And you can even use BEMER during sleep (see BEMER sleep program).

### B.BOX CLASSIC

- >> Sleep program
- >> Dual control
- >> ...

### B.BOX PRO

- >> 2-in-1 functionality
- >> Edit mode
- >> Multitouch Display
- >> Sleep program
- >> Dual control
- >> ...



## APPLICATION MODULES



B.BODY Classic  
Art. No. 420100



B.BODY Professional  
Art. No. 420200



B.SPOT  
Art. No. 431100



B.PAD  
Art. No. 430300



B.SIT  
Art. No. 431400



B.LIGHT  
Art. No. 431200



BEMER IBD:

## ADVANTAGES OF BEMER THERAPY IN SPORTS



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## THE ADVANTAGE IN SPORTS RECOVERY

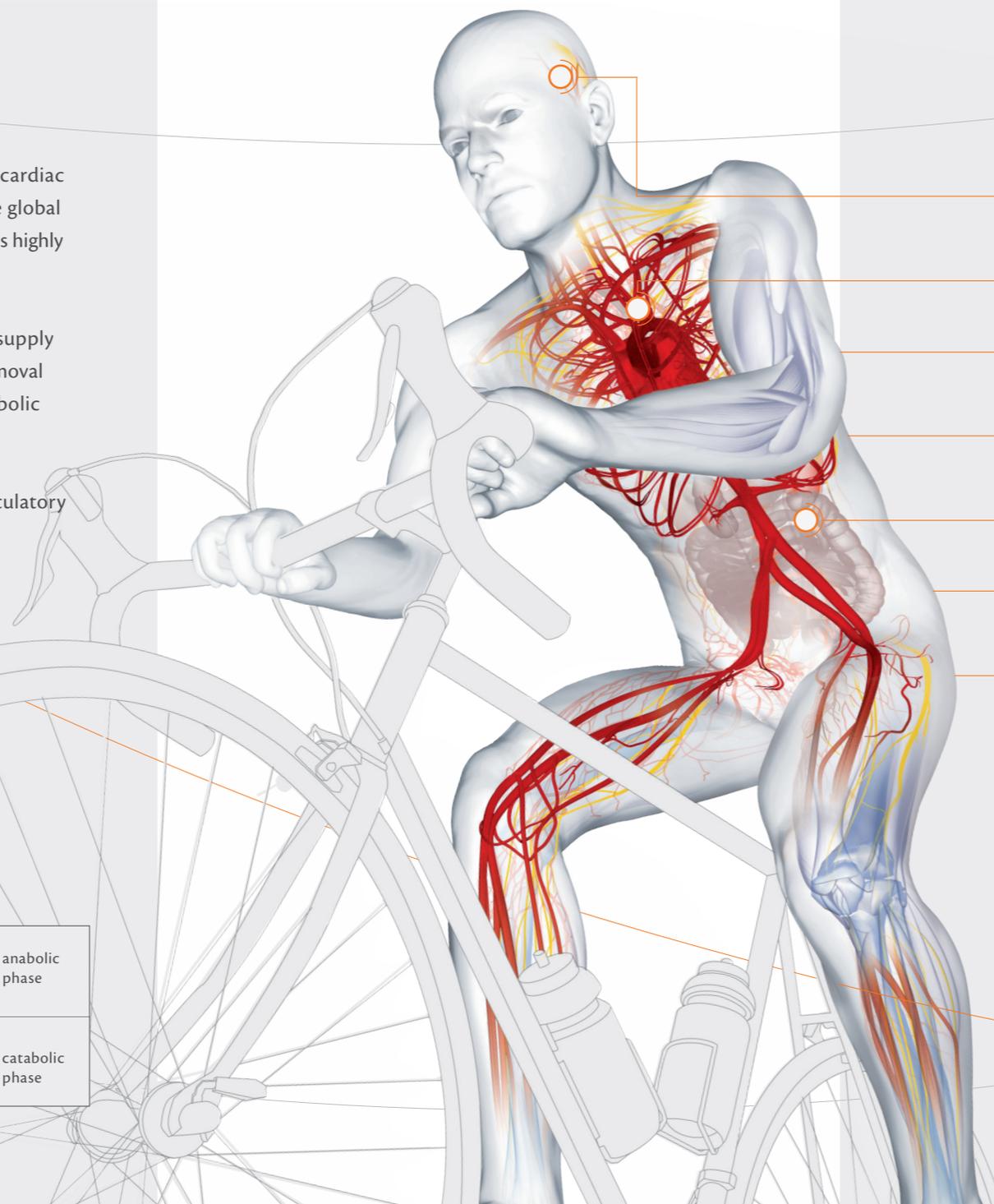
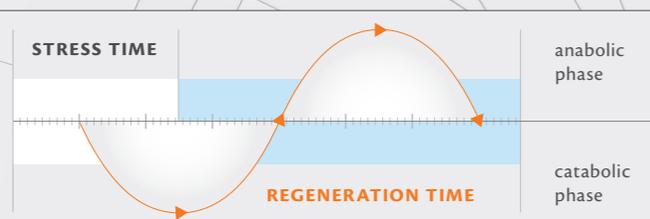
BEMER therapy is used for well-being, improved cardiac functions and physical fitness. The majority of the global population could benefit from using BEMER, and it is highly probable that you will, too.

Only good, functional circulation ensures proper supply of nutrients and oxygen as well as proper waste removal within the body. This is fundamental for all metabolic processes.

On this basis, it is clear what a critical role the circulatory system plays in well-being.

MANY INTERNATIONAL ATHLETES at the top levels in all disciplines are among the numerous enthusiastic BEMER users.

Minimize down time.  
Maximize results.



## BEMER ENHANCES

CONCENTRATION, MENTAL ACUITY, STRESS REDUCTION

BETTER GENERAL BLOODFLOW

RELAXATION

GENERAL BODY SUPPLY AND DISPOSAL

CARDIAC FUNCTION

PHYSICAL FITNESS

ENDURANCE, STRENGTH AND ENERGY

Easy to use, anywhere – the application modules B.PAD, B.SPOT, B.LIGHT, B.SIT and B.BODY.

## WHAT TOP ATHLETES SAY

**BORIS BECKER** // Tennis

Grand Slam Winner & Youngest Wimbledon Champion  
>> My long career as a tennis professional really affected my body. Since I've been using the BEMER system, my discomfort have been greatly relieved, and my general feeling of well-being has improved immensely as a result.

**IVICA KOSTELIC** // Alpine Skiing

Olympic Silver Medallist and World Champion  
>> Since I've been using the BEMER system, I've been full of enthusiasm for its recovery capacity. Even during races, BEMER increases my performance levels and shortens recovery phases.

**DANIELA MEULI** // Snowboard // Olympic winner & World Cup champion

>> If you want to win in Snowboarding you have to put 100% effort into it. At least. BEMER helps me not only to optimize my training success but also supports me in the necessary recovery phases.

**PETER SMITH** // USC Men's Tennis Coach // 2010 NCAA Champions

>> We use a lot of different things but the BEMER has really helped us! We lie on the BEMER B.BODY and we feel refreshed.

**ROBERT KARLSSON** // Professional golfer // World cup winner 2008, 11 time winner on the European Tour

>> I use BEMER on a daily basis. It is the start of my daily routine. When I get back from a long day at the golf course and am feeling too tired to train at the gym, I use the BEMER for extra boost. After BEMER Therapy, I have had some of my best training sessions.

